



COLORADO SPRINGS OSTEOPATHIC FOUNDATION

Mission: To improve the health and well-being of our community consistent with our Osteopathic heritage

Bulletin

January 12, 2010

FOUNDATION AWARDS GRANTS

Following the recommendation of the Grant Selection Advisory Committee, the Board approved grant awards totaling \$46,000 for the following 501(c)(3) non-profit health-related organizations:

CASA (Court Appointed Special Advocates) - program support for their Dependency and Neglect program for children

City of Colorado Springs Fire Department - program support for a medical clinic in the southeast part of Colorado Springs

EL Paso County Medical Society Foundation - support for the Prescription Assistance Solution Service and Practice Net Solutions programs

Mission Medical - general support for their chronic disease management clinic for the uninsured

Pikes Peak Hospice & Palliative Care - general support for their services for the uninsured

SET - program support to provide basic care to children and adults without adequate health insurance

University of Colorado Center on Aging - program support for their Integrated Behavioral and Medical Health Services Program with Peak Vista Community Health Centers Senior Health Clinic

2010 GRANT SELECTION ADVISORY COMMITTEE

Scott Woody, D.O., Chair; Lynn Gilfillan-Morton, M.Ed., Thomas Higginbotham, D.O., Ann McDonald, R.N., Kathy Nelson, John Potterat, Mary Wall, R.N., Michael Welch, D.O.

Ex-Officio Members: Thomas McCarthy, D.O., John Kurish, D.O., Eric Ryan, CPA

Thank you for your service!

February 12th Grant Proposals Due - Nonprofit health-related organizations wishing to be considered for a grant should have their proposals submitted by 2/12/10.

We accept the Colorado Common Grant Application. The Foundation's guidelines can be found on our website: www.csof.org.

COSOF BOARD OF DIRECTORS

Thomas McCarthy, D.O. President

*Michael Welch, D.O., Immediate
Past President*

John Kurish, D.O., President-Elect

*Lynn Gilfillan-Morton, M.Ed.
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Thomas Higginbotham, D.O.

Steve Peterschmidt, B.S.

Gerald Travers, D.P.M.

Mary Wall, R.N.C.

Scott Woody, D.O.

*Doris Ralston, MPA, CHES
Executive Director & CEO*

Colorado Springs Osteopathic
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COLORADO SPRINGS OSTEOPATHIC FOUNDATION

CSOF ANNUAL BUSINESS MEETING NOTES

Thirty-six members attended the October 2009 Annual Membership Business Meeting. Members enjoyed a special presentation by representatives of Rocky Vista University College of Osteopathic Medicine on the college's progress.

Ms. Penny Sayre, CPA with Stockman, Kast Ryan & Co; Ms. Mary Wall,

R.N. and Gerald Travers, D.P.M. were elected to the Board of Directors as new members for three year terms. Drs. Thomas Higginbotham and Michael Welch were re-elected to three year terms on the board.

The membership unanimously approved the By-laws and Articles of Incorporation Committee re-

port. One of the amendments was to return our annual membership business meeting to June to coincide with the end of our fiscal year.

Dr. Welch presented a state of the Foundation address and thanked the board, committees and members for their participation.

Lindsay Fischer, Esq. received the prestigious John H. Drabing Award for Extraordinary Dedication and Support of the Foundation. Founder's Award recipients were Drs. Linda Case, Kelly McCarty, David Greenberg, and George Jueteronke; as well as, Michael Trumbull, Ph.D. and Glenn Schlabs, Esq.

CSOF COMMITTEES

Many thanks to the following members for volunteering to serve on these committees.

2010 Medical Student Scholarship Selection Advisory Committee

William Griffis, D.O., Chair, Laura Feldman, D.O., William McCarty, D.O., Ronald Royce, D.O., James Shallow, M.D., Daniel Tell, D.O., Gerald Travers, D.P.M.

Ex-Officio: Thomas McCarthy, D.O., Lynn Gilfillan-Morton, M.Ed., John Kurish, D.O.

2010 Finance & Investment Committee

Penny Sayre, C.P.A., Chair, John Drabing, D.O., Lindsay Fischer, Esq., Thomas McCarthy, D.O., John Potterat, Steve Peter-schmidt, B.S.

Ex-Officio: John Kurish, D.O.

CONGRATULATIONS TO MEMBER, **CHARLES HUGHES, D.O.**, DERMATOLOGIST. HE RECEIVED THE A.P. ULBRICH LIFETIME ACHIEVEMENT AWARD AT THE AMERICAN OSTEOPATHIC COLLEGE OF DERMATOLOGY ANNUAL MEETING. THE AWARD IS THE AMERICAN OSTEOPATHIC COLLEGE OF DERMATOLOGY'S HIGHEST HONOR, BESTOWED UPON ONE OF ITS MEMBERS FOR LIFETIME DEDICATION TO THE COLLEGE AND THE FIELD OF DERMATOLOGY.



CSOF IS A PRIVATE NONPROFIT FOUNDATION. CONTRIBUTIONS TO THE FOUNDATION ARE TAX DEDUCTIBLE AS ALLOWED BY LAW. PLEASE GIVE GENEROUSLY.

Message from Your Executive Director & CEO

Participation at our annual membership meeting was encouraging. Thank you to all who attended. As was reported at our annual membership business meeting we have a contract on our building. I am optimistic that we will close very soon. This means that the Foundation office will be relocating. So please use our P.O. Box address if you need to communicate with us by mail (P.O. Box 49577, C.S., CO 80949). Our telephone number, 635-9057, will remain the same as will my email address: DRalston@csf.org. Once we have moved you will be notified of our new physical address.

Our website has been updated. There is a members only button for you to access information pertinent to meetings, a future membership directory, etc. The user name is privatedocs and the password is Member09! and is case sensitive.

Our next Board of Directors meeting is scheduled for February 1, 2010 at 6pm. One of our goals is to increase communication between the board and the membership. We have reserved 15 minutes on each board meeting agenda for member input. If any of you would like to attend please notify me.

Your continued participation and dedication to the Foundation's future is appreciated greatly.



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BULLETIN

April 16, 2010

FOUNDATION OFFICE RELOCATED

On February 10, 2010 the Foundation's property at 3480 Centennial Blvd. was sold to Majors Property. The Foundation is leasing office space in the Key Bank Building at 1115 Elkton Drive, Suite 300, Colorado Springs, CO 80907 (off of west Garden of the Gods Road before Centennial Blvd.) through Executive Systems. Our office space is very nice; it even has a view of Pikes Peak. Executive Systems has conference rooms available, ample parking, and all of the amenities we need to move forward with our mission.

Many thanks to Lynn Gilfillan-Morton, M.Ed. and John Drabing, D.O. for participating in the search for the new office space.

ANNUAL MEMBERSHIP BUSINESS MEETING

Our annual membership business meeting is scheduled for June 9, 2010 at 6:00 p.m. at the Garden of the Gods Club in the Sunrise Room. Please plan to attend this annual meeting.

We will be electing a new D.O. member and a new Friend member to the board of directors. And you will receive a Foundation update.

B.J. Scott, President and CEO of Peak Vista Community Health Centers, and Michael Welch, D.O., Director of Medical at Peak Vista Community Health Centers, will be presenting information on the health care status of our community, including access issues and other barriers; as well as, impacts that health care reform legislation may have on patients, providers and our community's health status.

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SHINING A LIGHT ON CASA

CASA's Dependency and Neglect Program was a recipient of our grant funds for our first grant cycle.

CASA's mission is to provide a volunteer's voice in court for children who are victims of abuse, neglect or domestic conflict and promotes community awareness of these issues to ensure safe and permanent homes. CASA's Depend-

ency and Neglect Program entails advocating for abused and neglected children in the court system.

Cases involve physical, emotional or sexual abuse or emotional neglect. Volunteers assigned to cases visit the child frequently; meet with the professionals involved in the case (teachers, therapists, and attorneys, for example);

monitor compliance with court orders; attend hearings; "speak up" for the child in court and write objective reports to the court about the information they have gathered. These reports clarify issues and keep cases moving. CASA is the only program of its kind in the Pikes Peak Region (El Paso and Teller Counties) that provides volunteer advocacy services for these child victims.

During their 2008-2009 year, CASA served 285 children in this program.

CSOF MEETINGS

Medical Student Scholarship Selection Advisory Committee April 20, 2010 - 6:00 p.m.

Finance & Investment Committee April 22, 2010 - Noon

Executive Committee April 22, 2010 - 1:30 p.m.

CSOF Board of Directors May 3, 2010 - 6:00 p.m. If any member would like time on the agenda, please contact Doris.

Annual Membership Business Meeting - June 9, 2010 6:00 p.m. Garden of the Gods Club

Message from Your Executive Director & CEO

The legacy of our foundation rests with future generations of D.O.s and Friends with an appreciation for Osteopathic Medicine. In order to maintain an osteopathic focus as a foundation, it is imperative that D.O.s be involved with the Foundation. We also need Friend members who have an awareness of and fondness for Osteopathic Medicine. Think about your friends, patients, colleagues, and professionals with whom you conduct business with, and ask yourselves if they would make loyal members, and dedicated future board members and committee members.

Our one page membership application is on our website: www.csof.org and can be downloaded, or you may call me and I can email, mail or fax an application to you or your contact. Also, I am available to meet with you and your potential member to talk about our current mission and programs.

The Foundation is on solid ground now, already having an indirect impact on our community's health and well-being. During our next fiscal year that begins July 1st, we will conduct three membership meetings; these meetings will provide informal education for our members and an opportunity to introduce new D.O.s and Friends to our Foundation.

"Alone we can do so little, together we can do so much" - Helen Keller

Sincerely,

Doris L. Ralston, MPA, CHES